

Peri-Implant
Health



Zimmer Biomet Dental + U

A partnership for innovative solutions

Peri-implantitis Prevention

Your guide to keeping a healthy smile



We all want **the same**

Healthy, long-lasting dental implants

Considering a dental implant? Or, maybe you already have one. Now is a great time to understand your risk for peri-implantitis. Just as gum disease can occur around a natural tooth, a similar inflammation can occur around a dental implant, making hygiene, prevention and early detection very important for implant longevity and your overall health.



Peri-implantitis is inflammation that affects the gum and supporting bone.*

What is peri-implantitis?

You have probably heard about bacterial plaque and gum disease, or periodontitis. Similarly, peri-implantitis is bacterial plaque and gum disease around an implant that causes inflammation and bone loss. When detected early, peri-implantitis can be managed and the implant can often be maintained. Severe cases, however, result in bone loss that may eventually lead to implant loss.

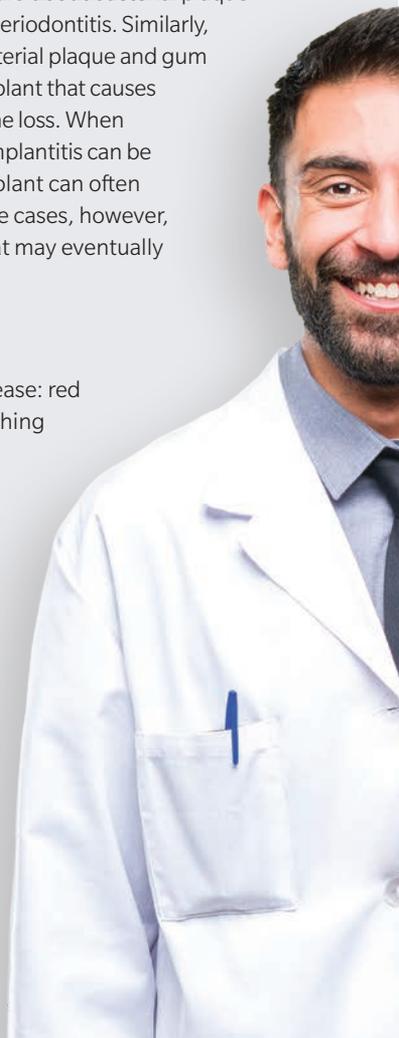
What are the symptoms & risk factors?

Signs of peri-implantitis are similar to symptoms of gum disease: red or tender gums around the implant and bleeding when brushing or flossing. Just like your natural teeth, implants require regular brushing, flossing and routine dental check-ups for cleanings and plaque control.

Failure to maintain the hygiene protocol recommended by your dentist or hygienist puts you at risk for peri-implantitis. Other risks factors for developing peri-implant disease include:

- ▶ Previous gum disease (periodontitis)
- ▶ Systemic diseases such as diabetes
- ▶ Smoking

*Image courtesy of Dr. Ronnie Goené, Amsterdam, The Netherlands.



thing.

Partners in peri-implant health

Dental implants are an investment in your overall health and well-being. Your dentist and hygienist are your partners in protecting that investment, with steps to help prevent, treat and manage peri-implantitis.

We call it **M3thod**.

M3THOD is your pathway to peri-implant health.

M1/ Prevent

Effective peri-implantitis prevention involves closely following the home care hygiene protocol and check-up schedule your dentist recommends. With proper oral hygiene and plaque control, your implant can last a lifetime.

M2/ Treat

The key to treating peri-implantitis is scheduling an appointment as soon as any oral inflammation or bleeding is detected, even if it is not time for your regularly scheduled check-up. If you have peri-implantitis, your dentist will take steps to treat it, or refer you to a specialist, and recommend treatment to lower the risk of disease progression.

M3/ Revise

In severe cases of peri-implantitis, or when the likelihood of treatment success is low, the implant may need to be removed and replaced in a revision therapy procedure. If a revision is recommended, your dentist or specialist will discuss your options with you and make recommendations that will provide your best chance at improved peri-implant health.



While this brochure is designed to address some of the frequently asked questions about peri-implantitis, your doctor remains your best source for information regarding peri-implant health. Your doctor will advise you on specific procedural expectations, warnings, risks, contraindications and potential adverse effects associated with dental implantation and peri-implantitis prevention, treatment and revision therapy, as well as post-operative care instructions and answers to any additional questions or concerns you may have.



ZIMMER BIOMET
Dental

zimmerbiometdental.com

Zimmer Biomet Dental
Global Headquarters
4555 Riverside Drive, Palm Beach Gardens, FL 33410
Tel: +1-561-776-6700 | Fax: +1-561-776-1272

Unless otherwise indicated, as referenced herein, all trademarks are the property of Zimmer Biomet; and all products are manufactured by one or more of the dental subsidiaries of Zimmer Biomet Holdings, Inc. and marketed and distributed by Zimmer Biomet Dental and its authorized marketing partners. For additional product information, please refer to the individual product labeling or instructions for use. This material does not comprise medical advice or recommendations. Images contain models and not actual patients. This material may not be copied or reprinted without the express written consent of Zimmer Biomet Dental.
ZB1020 REV A 03/20 ©2020 Zimmer Biomet. All rights reserved.

